

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****Women 60 Meter Dash****Top 8 Advance by Time**

Conference: # 7.65 2020 Andrea Hyde, Illinois College					
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Peckham, Jordan		Monmouth (Ill.)	7.94	7.86q	1
2 Spalding, Emma		Ripon	8.09	7.98q	3
3 Furch, Alayna		Beloit	8.23	8.20q	1 8.195
4 Villarreal, Alyssa		Monmouth (Ill.)	8.22	8.20q	2 8.199
5 Wallace, Brianna		Illinois College	8.28	8.21q	1
6 McDonald, Jordyn		Beloit	8.19	8.22q	3
7 Hearon, Kayla		Illinois College	8.30	8.23q	2
8 Hoyer, Nicole		Monmouth (Ill.)	8.32	8.24q	3
9 Block, Kara		Ripon	8.31	8.27	3
10 Olowu, Paige		Grinnell	8.06	8.29	2
11 Balfour, Peyton		Knox	8.57	8.44	1
12 Edassery, Sonia		Grinnell	8.52	8.48	2
13 Dockins, Allie		Knox	8.55	8.50	1
14 Billups, Victoria		Illinois College	8.78	8.84	2 8.835
15 Echols, Jaeonie		Beloit	8.86	8.84	3 8.840
16 Thomas, Courtne		Beloit	9.67	9.47	3

Women 1 Mile Run

Conference: # 5:01.32 2016 Brittany Kozlowski, St Norbert College					
Name	Year	School	Seed	Finals	H#
Finals					
1 Oliver, Cristyn		Lawrence	5:20.37	5:14.09	2
37.049 (37.049)		1:14.424 (37.375)	1:54.181 (39.758)	2:35.236 (41.055)	
3:16.021 (40.785)		3:56.496 (40.475)	4:36.431 (39.935)	5:14.088 (37.657)	
2 Hawksford, Leah		Lawrence	5:26.89	5:17.72	2
39.240 (39.240)		1:18.578 (39.338)	1:59.239 (40.662)	2:40.269 (41.030)	
3:21.121 (40.853)		4:01.984 (40.863)	4:41.131 (39.148)	5:17.720 (36.589)	
3 Weddle, Makaila		Ripon	5:25.60	5:18.21	2
38.699 (38.699)		1:18.349 (39.650)	1:59.048 (40.699)	2:40.089 (41.042)	
3:20.956 (40.868)		4:01.678 (40.722)	4:41.589 (39.912)	5:18.209 (36.620)	
4 Morland, Madeline		Lake Forest	5:26.86	5:23.02	2
39.418 (39.418)		1:18.724 (39.307)	1:59.465 (40.742)	2:40.524 (41.059)	
3:20.916 (40.393)		4:01.729 (40.813)	4:41.456 (39.728)	5:23.019 (41.563)	
5 Engebretson, Grace		Ripon	5:32.48	5:28.16	2
39.663 (39.663)		1:19.034 (39.372)	1:59.598 (40.564)	2:41.299 (41.702)	
3:23.861 (42.563)		4:07.288 (43.427)	4:51.064 (43.777)	5:28.155 (37.092)	
6 Willett, Isabelle		Ripon	5:39.59	5:33.18	2
40.094 (40.094)		1:20.286 (40.193)	2:01.086 (40.800)	2:43.468 (42.382)	
3:26.386 (42.919)		4:09.545 (43.159)	4:53.389 (43.844)	5:33.171 (39.783)	
7 Crow, Autumn		Knox	5:52.27	5:33.20	2
41.134 (41.134)		1:21.833 (40.699)	2:04.055 (42.223)	2:46.455 (42.400)	
3:28.806 (42.352)		4:11.705 (42.899)	4:54.945 (43.240)	5:33.199 (38.254)	
8 Daney, Micaela		Grinnell	5:44.98	5:33.65	2
40.639 (40.639)		1:21.408 (40.769)	2:03.495 (42.088)	2:45.204 (41.709)	
3:26.045 (40.842)		4:08.016 (41.972)	4:50.698 (42.682)	5:33.646 (42.949)	

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****....Women 1 Mile Run**

9 Hofmann, Arika	Monmouth (Ill.)	5:38.22	5:36.40	2
40.069 (40.069)	1:21.126 (41.058)	2:03.858 (42.732)	2:45.844 (41.987)	
3:28.330 (42.487)	4:11.996 (43.667)	4:55.806 (43.810)	5:36.396 (40.590)	
10 Neuhaus, Natalie	Cornell College	5:42.35	5:46.31	2
40.885 (40.885)	1:21.756 (40.872)	2:04.694 (42.938)	2:49.211 (44.518)	
3:34.179 (44.968)	4:21.095 (46.917)	5:05.838 (44.743)	5:46.310 (40.473)	
11 Valentine, Aspen	Beloit	5:56.35	5:46.62	1
43.201 (43.201)	1:26.121 (42.920)	2:10.231 (44.110)	2:55.290 (45.059)	
3:40.485 (45.195)	4:26.265 (45.780)	5:09.097 (42.833)	5:46.620 (37.523)	
12 Pakosz, Natalie	Ripon	5:29.08	5:46.93	2
40.670 (40.670)	1:21.463 (40.793)	2:04.794 (43.332)	2:49.618 (44.824)	
3:34.408 (44.790)	4:19.633 (45.225)	5:04.704 (45.072)	5:46.924 (42.220)	
13 Mullen, Ginger	Grinnell	6:01.78	5:53.99	1
42.601 (42.601)	1:25.807 (43.207)	2:10.863 (45.057)	2:56.633 (45.770)	
3:41.316 (44.683)	4:27.876 (46.560)	5:13.791 (45.915)	5:53.985 (40.194)	
14 Jorgensen, Delfina	Lake Forest	5:51.08	5:57.31	2
40.444 (40.444)	1:20.788 (40.344)	2:03.715 (42.928)	2:46.848 (43.133)	
3:33.710 (46.863)	4:21.364 (47.654)	5:10.195 (48.832)	5:57.305 (47.110)	
15 Nava, Michelle	Cornell College	5:59.52	5:58.42	1
41.667 (41.667)	1:25.143 (43.477)	2:09.890 (44.747)	2:55.702 (45.813)	
3:42.196 (46.494)	4:29.186 (46.990)	5:16.405 (47.219)	5:58.420 (42.015)	
16 Davis, Mollie	Lawrence	5:57.88	6:02.62	1
38.300 (38.300)	1:19.252 (40.953)	2:04.663 (45.412)	2:53.387 (48.724)	
3:41.648 (48.262)	4:29.901 (48.253)	5:17.907 (48.007)	6:02.616 (44.709)	
17 Kaczmarczyk, Crystal	Grinnell	6:01.95	6:03.17	1
42.875 (42.875)	1:26.861 (43.987)	2:11.972 (45.112)	2:59.311 (47.339)	
3:46.038 (46.728)	4:34.753 (48.715)	5:22.380 (47.627)	6:03.170 (40.790)	
18 Lewis, Zoey	Illinois College	5:55.62	6:13.60	1
44.966 (44.966)	1:31.952 (46.987)	2:19.716 (47.764)	3:07.358 (47.643)	
3:55.672 (48.314)	4:44.100 (48.428)	5:32.117 (48.018)	6:13.592 (41.475)	
19 Cruz, Carolina	Monmouth (Ill.)	6:23.74	6:13.75	1
45.872 (45.872)	1:32.605 (46.733)	2:20.597 (47.993)	3:07.731 (47.134)	
3:55.986 (48.255)	4:44.570 (48.584)	5:32.415 (47.845)	6:13.748 (41.334)	
20 Kwamboka, Nyasaina	Monmouth (Ill.)	6:23.33	6:15.86	1
45.282 (45.282)	1:31.980 (46.698)	2:20.338 (48.359)	3:07.708 (47.370)	
3:55.968 (48.260)	4:44.745 (48.777)	5:32.790 (48.045)	6:15.857 (43.068)	
21 Aoki-Sherwood, Mio	Cornell College	6:22.36	6:17.77	1
44.471 (44.471)	1:31.468 (46.998)	2:18.692 (47.224)	3:06.191 (47.499)	
3:53.773 (47.583)	4:43.102 (49.329)	5:31.606 (48.504)	6:17.763 (46.158)	
22 Timmermans, Merel	Grinnell	6:12.61	6:19.72	1
46.005 (46.005)	1:32.686 (46.682)	2:19.926 (47.240)	3:07.312 (47.387)	
3:56.323 (49.012)	4:46.400 (50.077)	5:35.257 (48.858)	6:19.712 (44.455)	
23 Anderson, Natalie	Lawrence	6:36.02	6:26.26	1
45.732 (45.732)	1:32.302 (46.570)	2:20.213 (47.912)	3:07.017 (46.804)	
3:54.640 (47.623)	4:45.615 (50.975)	5:35.887 (50.273)	6:26.251 (50.364)	
24 Holicky, Madelein	Beloit	6:40.57	6:28.01	1
47.615 (47.615)	1:35.176 (47.562)	2:23.691 (48.515)	3:14.287 (50.597)	
4:02.281 (47.994)	4:53.273 (50.993)	5:44.832 (51.559)	6:28.002 (43.170)	
25 Drake, Ashley	Illinois College	7:03.81	6:43.45	1
49.926 (49.926)	1:40.801 (50.875)	2:31.581 (50.780)	3:22.436 (50.855)	
4:13.302 (50.867)	5:05.697 (52.395)	5:56.165 (50.468)	6:43.446 (47.282)	

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****Women 5000 Meter Run**

Conference: # 17:15.61 2017 Abrah Masterson, Cornell College					
Name	Year	School	Seed	Finals	
=====					
1 Schaefer, Emma		Grinnell	18:40.10	18:25.02	
43.168 (43.168)	1:26.973 (43.805)		2:11.831 (44.859)	2:55.398 (43.567)	
3:38.251 (42.854)	4:22.118 (43.867)		5:07.608 (45.490)	5:52.533 (44.925)	
6:36.484 (43.952)	7:19.838 (43.354)		8:04.758 (44.920)	8:49.249 (44.492)	
9:34.196 (44.948)	10:18.186 (43.990)		11:03.476 (45.290)	11:48.451 (44.975)	
12:32.775 (44.324)	13:17.219 (44.444)		14:01.245 (44.027)	14:45.931 (44.687)	
15:30.626 (44.695)	16:15.391 (44.765)		17:00.658 (45.267)	17:44.655 (43.998)	
18:25.019 (40.364)					
2 Flyte, Mikayla		Ripon	18:59.39	18:34.33	
42.554 (42.554)	1:26.790 (44.237)		2:11.679 (44.889)	2:54.679 (43.000)	
3:38.014 (43.335)	4:22.176 (44.163)		5:07.365 (45.189)	5:52.854 (45.489)	
6:36.794 (43.940)	7:21.091 (44.298)		8:06.876 (45.785)	8:51.995 (45.119)	
9:37.905 (45.910)	10:24.520 (46.615)		11:10.189 (45.669)	11:55.574 (45.385)	
12:41.089 (45.515)	13:26.826 (45.738)		14:12.563 (45.737)	14:58.200 (45.638)	
15:43.498 (45.298)	16:28.876 (45.379)		17:13.460 (44.584)	17:55.983 (42.523)	
18:34.329 (38.347)					
3 Winebrenner, Riley		Lawrence	18:55.54	19:01.83	
42.381 (42.381)	1:26.549 (44.168)		2:11.435 (44.887)	2:55.236 (43.802)	
3:37.773 (42.537)	4:21.735 (43.963)		5:07.089 (45.354)	5:53.185 (46.097)	
6:37.691 (44.507)	7:22.298 (44.607)		8:07.314 (45.017)	8:51.714 (44.400)	
9:37.733 (46.019)	10:24.548 (46.815)		11:11.589 (47.042)	11:58.920 (47.332)	
12:46.151 (47.232)	13:33.920 (47.769)		14:20.954 (47.034)	15:08.406 (47.453)	
15:55.409 (47.003)	16:42.973 (47.564)		17:30.391 (47.419)	18:17.488 (47.097)	
19:01.825 (44.338)					
4 Foster, Althea		Lawrence	19:22.25	19:12.55	
42.340 (42.340)	1:26.569 (44.229)		2:11.445 (44.877)	2:54.983 (43.538)	
3:37.948 (42.965)	4:22.068 (44.120)		5:07.299 (45.232)	5:53.416 (46.118)	
6:39.906 (46.490)	7:27.513 (47.607)		8:14.390 (46.878)	9:01.663 (47.273)	
9:48.661 (46.999)	10:37.179 (48.518)		11:25.715 (48.537)	12:12.934 (47.219)	
13:00.465 (47.532)	13:47.276 (46.812)		14:35.593 (48.317)	15:24.131 (48.539)	
16:10.484 (46.353)	16:57.780 (47.297)		17:45.664 (47.884)	18:31.709 (46.045)	
19:12.545 (40.837)					
5 Fogarty, Billie		Cornell College	19:20.25	19:30.98	
43.566 (43.566)	1:27.354 (43.788)		2:12.133 (44.779)	2:55.638 (43.505)	
3:38.705 (43.068)	4:22.409 (43.704)		5:07.880 (45.472)	5:53.105 (45.225)	
6:36.873 (43.768)	7:20.680 (43.808)		8:07.100 (46.420)	8:53.353 (46.253)	
9:41.630 (48.278)	10:30.600 (48.970)		11:19.259 (48.659)	12:08.183 (48.924)	
12:57.144 (48.962)	13:46.985 (49.842)		14:36.134 (49.149)	15:26.536 (50.403)	
16:16.981 (50.445)	17:07.153 (50.172)		17:56.844 (49.692)	18:44.965 (48.122)	
19:30.973 (46.008)					
6 Denamur, Ali		Ripon	19:55.09	19:33.37	
43.454 (43.454)	1:27.625 (44.172)		2:12.526 (44.902)	2:57.019 (44.493)	
3:41.665 (44.647)	4:27.186 (45.522)		5:13.250 (46.064)	5:59.608 (46.358)	
6:46.083 (46.475)	7:32.648 (46.565)		8:19.129 (46.482)	9:06.384 (47.255)	
9:53.505 (47.122)	10:41.210 (47.705)		11:29.179 (47.969)	12:16.855 (47.677)	
13:05.051 (48.197)	13:53.144 (48.093)		14:41.793 (48.649)	15:30.990 (49.198)	
16:19.835 (48.845)	17:09.379 (49.544)		17:58.376 (48.998)	18:46.726 (48.350)	
19:33.366 (46.640)					

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****....Women 5000 Meter Run**

7	Diamond-Berman, Mira	Grinnell	20:03.76	19:41.93	
	44.173 (44.173)	1:29.898 (45.725)	2:16.768 (46.870)	3:02.831 (46.064)	
	3:48.511 (45.680)	4:34.806 (46.295)	5:21.506 (46.700)	6:08.611 (47.105)	
	6:56.070 (47.459)	7:43.739 (47.669)	8:32.048 (48.309)	9:20.549 (48.502)	
	10:09.275 (48.727)	10:58.239 (48.964)	11:46.800 (48.562)	12:35.134 (48.334)	
	13:23.721 (48.588)	14:11.325 (47.604)	14:59.960 (48.635)	15:48.401 (48.442)	
	16:36.436 (48.035)	17:25.160 (48.724)	18:12.774 (47.614)	18:58.640 (45.867)	
	19:41.928 (43.288)				
8	Orsi, Rain	Lawrence	20:26.55	20:15.65	
	42.915 (42.915)	1:27.164 (44.249)	2:12.078 (44.914)	2:55.943 (43.865)	
	3:39.148 (43.205)	4:22.776 (43.629)	5:08.276 (45.500)	5:54.440 (46.164)	
	6:42.506 (48.067)	7:32.109 (49.603)	8:21.866 (49.758)	9:12.228 (50.362)	
	10:02.846 (50.619)	10:53.319 (50.473)	11:44.356 (51.038)	12:33.841 (49.485)	
	13:24.355 (50.514)	14:15.514 (51.159)	15:07.680 (52.167)	15:59.585 (51.905)	
	16:51.558 (51.973)	17:44.884 (53.327)	18:38.964 (54.080)	19:29.636 (50.673)	
	20:15.644 (46.008)				
9	Ruvalcaba, Elizabeth	Illinois College	20:36.45		
	48.164 (48.164)	1:38.074 (49.910)	2:27.783 (49.709)	3:17.479 (49.697)	
	4:06.350 (48.872)	4:56.054 (49.704)	5:45.419 (49.365)	6:35.560 (50.142)	
	7:26.283 (50.723)	8:17.420 (51.138)	9:08.434 (51.014)	9:58.611 (50.178)	
	10:48.778 (50.167)	11:39.019 (50.242)	12:29.608 (50.589)	13:20.400 (50.793)	
	14:10.398 (49.998)	14:59.550 (49.153)	15:48.001 (48.452)	16:37.644 (49.643)	
	17:26.504 (48.860)	18:15.748 (49.244)	19:03.916 (48.169)	19:53.253 (49.337)	
	20:36.443 (43.190)				
10	Ford, Sophia	Grinnell	20:37.29	20:42.73	
	45.839 (45.839)	1:33.024 (47.185)	2:21.979 (48.955)	3:11.510 (49.532)	
	4:00.310 (48.800)	4:50.308 (49.998)	5:40.296 (49.989)	6:29.834 (49.538)	
	7:19.328 (49.494)	8:10.004 (50.677)	8:59.300 (49.297)	9:49.708 (50.408)	
	10:38.663 (48.955)	11:28.176 (49.514)	12:18.755 (50.579)	13:09.468 (50.713)	
	14:00.671 (51.204)	14:51.921 (51.250)	15:42.378 (50.457)	16:33.441 (51.064)	
	17:24.764 (51.323)	18:14.401 (49.638)	19:04.655 (50.254)	19:54.851 (50.197)	
	20:42.721 (47.870)				
11	Hall, Miranda	Cornell College	21:40.06	21:34.07	
	46.286 (46.286)	1:33.463 (47.177)	2:22.325 (48.863)	3:11.823 (49.498)	
	4:00.663 (48.840)	4:50.644 (49.982)	5:40.684 (50.040)	6:30.323 (49.639)	
	7:20.551 (50.229)	8:12.324 (51.773)	9:03.751 (51.428)	9:55.805 (52.054)	
	10:48.193 (52.388)	11:40.790 (52.598)	12:34.358 (53.568)	13:28.108 (53.750)	
	14:21.836 (53.729)	15:16.498 (54.662)	16:11.655 (55.158)	17:05.673 (54.018)	
	18:00.741 (55.069)	18:55.403 (54.662)	19:49.741 (54.339)	20:43.098 (53.357)	
	21:34.069 (50.972)				
12	Sutter, Annika	Cornell College	23:12.38	24:13.81	
	48.750 (48.750)	1:39.568 (50.818)	2:32.678 (53.110)	3:28.011 (55.334)	
	4:23.685 (55.674)	5:19.279 (55.594)	6:15.948 (56.669)	7:14.231 (58.284)	
	8:13.880 (59.649)	9:13.748 (59.868)	10:14.640 (1:00.893)	11:15.113 (1:00.473)	
	12:16.678 (1:01.565)	13:16.454 (59.777)	14:16.676 (1:00.223)	15:17.010 (1:00.334)	
	16:18.325 (1:01.315)	17:19.546 (1:01.222)	18:20.015 (1:00.469)	19:19.556 (59.542)	
	20:20.713 (1:01.157)	21:21.836 (1:01.124)	22:20.904 (59.068)	23:19.204 (58.300)	
	24:13.801 (54.598)				

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****....Women 5000 Meter Run**

13	Baugh, Maggie	Beloit	24:20.60	24:18.21	
	52.910 (52.910)	1:48.255 (55.345)	2:43.876 (55.622)	3:39.099 (55.223)	
	4:33.669 (54.570)	5:29.054 (55.385)	6:25.039 (55.985)	7:21.225 (56.187)	
	8:18.200 (56.975)	9:15.154 (56.954)	10:12.316 (57.163)	11:10.961 (58.645)	
	12:09.776 (58.815)	13:09.433 (59.657)	14:10.038 (1:00.605)	15:11.213 (1:01.175)	
	16:13.221 (1:02.009)	17:13.958 (1:00.737)	18:14.538 (1:00.580)	19:15.163 (1:00.625)	
	20:16.396 (1:01.234)	21:17.885 (1:01.489)	22:19.528 (1:01.643)	23:19.858 (1:00.330)	
	24:18.205 (58.348)				

Women 60 Meter Hurdles**Top 8 Advance by Time**

Conference: # 8.62 2013 Missy Norville, Illinois College					
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 McAllister, Natalie		Cornell College	9.37	9.37q	1
2 Zendejas, Mariana		Lawrence	10.07	10.05q	2
3 Garcia, Sara		Grinnell	10.55	10.41q	2
4 Hilmes, Kristina		Illinois College	10.50	10.44q	3
5 Yank, Irene		Lawrence	10.60	10.46q	1
6 Staker, Sadie		Grinnell	10.49	10.48q	3
7 Paquin, Claire		Lawrence	10.90	11.05q	2
8 Finn, Bridget		Ripon	11.16	11.09q	3
9 Lepper, Meredith		Knox	10.89	11.32	1
10 Grothaus, Ashley		Monmouth (Ill.)	11.38	11.34	2
11 McMahon, Montana		Beloit	11.00	11.44	3
12 Flesch, Caroline		Ripon	11.75	11.47	2
13 Irani, Tara		Knox	11.73	11.68	1
14 Clay, Ally		Monmouth (Ill.)	11.70	11.91	1

Women 4x200 Meter Relay

Conference: # 1:44.05 2000 Monmouth College, Monmouth College					
School			Seed	Finals	H#
Finals					
1 Ripon			1:48.29	1:48.55	2
1) Block, Kara		2) Rahn, Payton			
3) Gray, Kynaeda		4) Spalding, Emma			
53.608 (53.608)	1:22.407 (28.799)	1:48.543 (26.137)			
2 Grinnell			1:50.93	1:49.80	2
1) Edassery, Sonia		2) Frasca, Athena			
3) Olowu, Paige		4) Crowe, Maile			
53.383 (53.383)	1:22.021 (28.638)	1:49.791 (27.770)			
3 Monmouth (Ill.)			1:50.12	1:49.87	2
1) Peckham, Jordan		2) Hoyer, Nicole			
3) Villarreal, Alyssa		4) Turner, Linsey			
53.416 (53.416)	1:21.813 (28.398)	1:49.861 (28.048)			
4 Illinois College			1:54.63	1:50.72	2
1) Hearon, Kayla		2) Wallace, Brianna			
3) Hempen, Jessie		4) Hilmes, Kristina			
54.877 (54.877)	1:23.809 (28.933)	1:50.711 (26.902)			

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****....Women 4x200 Meter Relay**

5	Beloit				1:51.76	1:50.76	2
	1) McDonald, Jordyn			2) Furch, Alayna			
	3) McMahon, Montana			4) Damste, Candis			
	55.703 (55.703)	1:21.691 (25.988)		1:50.752 (29.062)			
6	Cornell College					1:54.70	1
	1) Brown, Sidney			2) McAllister, Natalie			
	3) Lambert-Mergendahl, Emilia			4) See, Sam			
	55.372 (55.372)	1:24.580 (29.208)		1:54.696 (30.117)			
7	Lawrence				1:58.01	1:56.48	1
	1) Sugiyama, Emily			2) Paquin, Claire			
	3) Jankowski, Maria			4) Zendejas, Mariana			
	56.561 (56.561)	1:26.902 (30.342)		1:56.478 (29.577)			
8	Knox				2:04.33	1:59.04	1
	1) Dockins, Allie			2) Balfour, Peyton			
	3) Rivera, Ainara			4) Luong, Thao			
	57.376 (57.376)	1:28.113 (30.738)		1:59.033 (30.920)			

Women 1600 Sprint Medley

Conference: # 4:09.12 2009 St. Norbert College, St. Norbert College
Swanson, Meyer, Schudrowitz, Graybill

School	Seed	Finals	H#
1 Ripon		4:16.56	1
1) Spalding, Emma	2) Gray, Kynaeda		
3) Rahn, Payton	4) Weddle, Makaila		
54.066 (54.066)	1:54.254 (1:00.188)	4:16.558 (2:22.304)	
2 Monmouth (Ill.)		4:24.10	1
1) Peckham, Jordan	2) Villarreal, Alyssa		
3) Hoyer, Nicole	4) Fisher, Kara		
54.595 (54.595)	1:57.061 (1:02.467)	4:24.095 (2:27.034)	
3 Lawrence		4:32.51	1
1) Paquin, Claire	2) Jankowski, Maria		
3) Sugiyama, Emily	4) Bodnar, Lilia		
58.844 (58.844)	2:03.205 (1:04.362)	4:32.503 (2:29.298)	
4 Grinnell		4:33.63	2
1) Edassery, Sonia	2) Taylor, Ava		
3) Frasca, Athena	4) Reid, Sam		
55.248 (55.248)	1:58.902 (1:03.654)	4:33.627 (2:34.725)	
5 Beloit		4:35.64	1
1) McDonald, Jordyn	2) Furch, Alayna		
3) Loos-Austin, Rose	4) Carus, Marianna		
54.155 (54.155)	1:59.678 (1:05.523)	4:35.636 (2:35.959)	
6 Cornell College		4:43.71	2
1) Lambert-Mergendahl, Emilia	2) Lammers, Katie		
3) Brown, Sidney	4) See, Sam		
1:01.065 (1:01.065)	2:04.864 (1:03.799)	4:43.709 (2:38.845)	
7 Illinois College		5:02.28	2
1) Dixon, Ronnautica	2) Billups, Victoria		
3) Wessel, Gretchen	4) Lewis, Zoey		
58.908 (58.908)	2:07.183 (1:08.275)	5:02.278 (2:55.095)	
8 Knox		5:27.50	2
1) Wolters, Caroline	2) Luong, Thao		

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****....Women 1600 Sprint Medley**

3) Rivera, Ainara	4) Corzine, Rachel
1:05.007 (1:05.007) 2:15.700 (1:10.694) 5:27.495 (3:11.795)	
9 Lake Forest	5:41.01 2
1) Greenly, Grace	2) Cruz, Heidi
3) Ray, Becca	4) Carey, Mary Laura
1:07.948 (1:07.948) 2:23.160 (1:15.213) 5:41.010 (3:17.850)	

Women Pole Vault

Conference: # 3.66m 2009													Rebecca Grafenauer, Carroll University		
Name		Year				School				Seed		Finals			
1	Kopf, Sarina					Grinnell				3.28m		3.37m	11-00.75		
	1.87 2.02 2.17 2.32 2.47 2.62 2.77 2.92 3.07 3.22 3.37 3.52														
	PPP PPP PPP PPP PPP PPP PPP O XO O O XXX														
2	Turner, Linsey					Monmouth (Ill.)				3.05m		J3.37m	11-00.75		
	1.87 2.02 2.17 2.32 2.47 2.62 2.77 2.92 3.07 3.22 3.37 3.52														
	PPP PPP PPP PPP PPP O O O O XO XXO XXX														
3	Grothaus, Ashley					Monmouth (Ill.)				2.96m		3.22m	10-06.75		
	1.87 2.02 2.17 2.32 2.47 2.62 2.77 2.92 3.07 3.22 3.37														
	PPP PPP PPP PPP PPP O O O O XO XXX														
4	Nowak, Paige					Illinois College				2.96m		3.07m	10-00.75		
	1.87 2.02 2.17 2.32 2.47 2.62 2.77 2.92 3.07 3.22														
	PPP PPP PPP PPP PPP O O O O XXX														
5	Benson, Madeline					Illinois College				3.11m		J3.07m	10-00.75		
	1.87 2.02 2.17 2.32 2.47 2.62 2.77 2.92 3.07 3.22														
	PPP PPP PPP PPP PPP O XO O O XXX														
6	Lepper, Meredith					Knox				2.66m		2.77m	9-01.00		
	1.87 2.02 2.17 2.32 2.47 2.62 2.77 2.92														
	PPP PPP PPP O O O XO XXX														
7	Beyers, Carson					Illinois College				2.66m		2.62m	8-07.00		
	1.87 2.02 2.17 2.32 2.47 2.62 2.77														
	PPP PPP PPP PPP XXO O XXX														
8	Rexroat, Delaney					Monmouth (Ill.)				2.14m		2.32m	7-07.25		
	1.87 2.02 2.17 2.32 2.47														
	O O O O XXX														
8	Dockins, Allie					Knox						2.32m	7-07.25		
	1.87 2.02 2.17 2.32 2.47														
	PPP PO O O XXX														
10	Flesch, Caroline					Ripon				1.98m		2.17m	7-01.50		
	1.87 2.02 2.17 2.32														
	XO O O XXX														
11	Finn, Bridget					Ripon				1.83m		2.02m	6-07.50		
	1.87 2.02 2.17														
	O O XXX														
12	Wolters, Caroline					Knox						J2.02m	6-07.50		
	1.87 2.02 2.17														
	O XXO XXX														

Women Long Jump

Conference: # 6.41m 2013													Missy Norville, Illinois College		
Name	Year				School				Seed				Finals		
														H#	

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****....Women Long Jump**

1	Villarreal, Alyssa	Monmouth (Ill.)	4.87m	5.37m	17-07.50	2
	4.53m 5.37m 4.81m 5.32m 5.21m 4.96m					
2	Olowu, Paige	Grinnell	5.34m	5.17m	16-11.50	2
	4.93m 5.11m 5.08m 5.13m 5.12m 5.17m					
3	Block, Kara	Ripon	5.07m	5.12m	16-09.75	2
	5.12m 4.95m 4.93m 4.86m 5.09m 4.83m					
4	Anderson, Lauren	Monmouth (Ill.)	4.85m	4.85m	15-11.00	2
	4.85m 4.60m 4.46m 4.62m 4.43m 4.60m					
5	Spalding, Emma	Ripon		4.76m	15-07.50	1
	4.76m FOUL 4.36m PASS 4.43m 4.62m					
6	Balfour, Peyton	Knox	4.66m	4.71m	15-05.50	2
	4.46m 4.71m 4.44m 4.34m 4.52m 4.64m					
7	Turner, Linsey	Monmouth (Ill.)	4.51m	4.66m	15-03.50	1
	4.66m 4.60m 4.61m 4.59m 4.48m 4.66m					
8	Elliott-Rude, Eleanor	Grinnell	4.71m	4.57m	15-00.00	2
	4.55m 4.57m FOUL 4.46m FOUL FOUL					
9	Hempfen, Jessie	Illinois College	4.78m	4.56m	14-11.50	2
	4.42m 4.56m FOUL FOUL FOUL 4.46m					
10	Loos-Austin, Rose	Beloit	4.49m	4.55m	14-11.25	1
	FOUL FOUL 4.55m					
11	Oden, Melanie	Grinnell	4.60m	4.49m	14-08.75	2
	4.27m 4.49m 4.40m					
12	Yank, Irene	Lawrence	4.56m	4.47m	14-08.00	2
	4.47m 4.13m 4.22m					
13	Rahn, Payton	Ripon		4.45m	14-07.25	1
	FOUL 4.45m FOUL					
14	Hearon, Kayla	Illinois College	4.48m	4.37m	14-04.00	1
	4.37m FOUL FOUL					
15	Brandenburg, Riley	Illinois College	4.67m	4.35m	14-03.25	2
	FOUL 4.35m 4.32m					
16	Royster, Darcel	Beloit	3.96m	4.14m	13-07.00	1
	FOUL 4.07m 4.14m					
17	Wolters, Caroline	Knox	4.03m	3.79m	12-05.25	1
	FOUL 3.79m FOUL					
--	Luong, Thao	Knox	4.02m	FOUL		1
	FOUL FOUL FOUL					

Women Shot Put

Conference: # 14.12m 2013 Allison Devor, Monmouth College						
Name	Year	School	Seed	Finals	H#	
1 Bowns, Elizabeth		Illinois College	12.98m	12.52m	41-01.00	2
	12.52m 12.40m FOUL 10.59m FOUL 11.71m					
2 Lawal, Kareema		Monmouth (Ill.)	11.77m	12.37m	40-07.00	2
	11.12m 12.25m 11.49m 10.69m 12.37m 11.87m					
3 Hartman, Renee		Illinois College	12.49m	12.32m	40-05.00	2
	11.96m 11.89m 11.67m 12.32m 11.86m 11.95m					
4 Boley, Maddie		Monmouth (Ill.)	12.15m	12.05m	39-06.50	2
	12.05m 11.51m 11.41m FOUL 10.92m 11.02m					
5 Mathieu, Arynn		Ripon	11.24m	11.58m	38-00.00	2
	11.53m 11.35m FOUL 10.69m 11.58m 11.14m					
6 Cox, Addi		Monmouth (Ill.)	11.86m	11.53m	37-10.00	2
	11.08m 11.01m 10.92m 11.53m 10.26m 11.43m					

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****....Women Shot Put**

7	Otzelberger, Kalya	Ripon	11.97m	11.50m	37-08.75	2
	FOUL FOUL 11.50m 11.05m 11.14m 11.32m					
8	Smith, Anastasia	Ripon	11.24m	11.24m	36-10.50	2
	10.83m 10.88m 11.24m 10.21m 10.43m 10.74m					
9	McAllister, Natalie	Cornell College	11.19m	11.14m	36-06.75	2
	11.14m 10.30m 10.81m FOUL FOUL 10.51m					
10	Cruz, Taylor	Cornell College	11.03m	11.05m	36-03.00	2
	10.93m 10.25m 11.05m					
11	Earles, Leslie	Illinois College	10.79m	10.80m	35-05.25	2
	9.74m 10.80m 10.69m					
12	Fox, Grace	Lawrence	9.55m	10.08m	33-01.00	1
	10.08m 9.56m 9.70m					
13	Klemme, Sara	Lawrence	9.96m	9.91m	32-06.25	1
	8.90m 9.64m 9.91m					
14	Gibbons, Gracie	Monmouth (Ill.)	10.25m	9.90m	32-05.75	1
	FOUL 8.88m 9.90m					
15	Kuper, Sydney	Illinois College	10.41m	9.89m	32-05.50	2
	9.44m 9.67m 9.89m					
16	Luong, Thao	Knox	8.49m	8.93m	29-03.75	1
	8.78m 8.64m 8.93m					
17	Gajulapalli, Aparna	Lawrence	8.76m	8.60m	28-02.75	1
	FOUL 8.30m 8.60m					
18	Warhoe, Samantha	Cornell College	8.84m	8.55m	28-00.75	1
	8.55m 8.34m 8.05m					
19	Herrera, Kiya	Beloit	8.83m	8.29m	27-02.50	1
	8.29m 7.93m 8.23m					
20	Kelley, Keyanna	Knox	7.18m	7.80m	25-07.25	1
	7.67m 7.63m 7.80m					
21	Bergeron, Sam	Knox	7.46m	7.13m	23-04.75	1
	7.02m 7.13m 6.99m					
22	Wilson, Shakira	Beloit	6.63m	6.85m	22-05.75	1
	6.40m 6.85m 6.71m					
23	Abounayef, Leen	Lake Forest	5.71m	5.90m	19-04.25	1
	5.86m 5.74m 5.90m					

Men 60 Meter Dash**Top 8 Advance by Time**

=====						
Conference: #	6.89	2013	Kiante Green, Monmouth College			
Conference: #	6.89	2020	Derrick Jackson			
Name		Year	School	Seed	Prelims	H#
=====						
Preliminaries						
1	Jackson, Derrick		Knox	6.85	# 6.86q	1
2	Ditsworth, Luke		Monmouth (Ill.)	7.06	7.10q	2
3	Geggie, Trevor		Knox	7.25	7.18q	1
4	Joseph, Ajani		Beloit	7.22	7.19q	3 7.181
5	Vander Galien, Logan		Ripon	7.23	7.19q	2 7.184
6	Ballman, Kendall		Knox	7.30	7.22q	3
7	Cefalu, Jacoby		Ripon	7.20	7.25q	4
8	Fisher, Ben		Ripon	7.18	7.26q	4 7.252
9	Shepherd, Patrick		Monmouth (Ill.)	7.11	7.26	3 7.257
10	Owusu Ansah, Felix		Cornell College	7.27	7.29	2 7.283
11	Hiser, Alexander		Grinnell	7.25	7.29	1 7.288

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****....Men 60 Meter Dash**

12 Platre, Niko	Cornell College	7.32	7.37	4
13 Graham, Hayden	Illinois College	7.42	7.44	3
14 Martin, Ahmasi	Beloit	7.48	7.48	1
15 Mukucha, Desire	Beloit	7.51	7.54	2
16 Greiner, Doniel	Cornell College	7.54	7.55	3
17 Versh, Peter	Grinnell	7.44	7.60	1
18 Douthat, Andrew	Lake Forest	7.62	7.71	4
19 Johnson, Christian	Lake Forest	7.75	7.72	4
20 Miller, Darion	Lake Forest	8.01	7.92	3
21 Nair, Aditya	Grinnell	8.06	8.41	2

Men 1 Mile Run

Conference: # 4:16.67 2005 Zach Barr, Monmouth College

Name	Year	School	Seed	Finals	H#
Finals					
1 Hutchings, Isaak		Cornell College	4:35.04	4:20.95	2
33.499 (33.499)	1:07.966 (34.467)		1:41.707 (33.742)	2:15.072 (33.365)	
2:47.248 (32.177)	3:18.628 (31.380)		3:49.844 (31.217)	4:20.948 (31.104)	
2 Dulin, Riley		Monmouth (Ill.)	4:19.99	4:21.07	2
33.837 (33.837)	1:08.229 (34.393)		1:41.388 (33.159)	2:13.929 (32.542)	
2:45.584 (31.655)	3:17.193 (31.609)		3:48.286 (31.093)	4:21.066 (32.780)	
3 Nickeson, Andrew		Grinnell	4:27.41	4:23.21	2
34.204 (34.204)	1:08.463 (34.259)		1:42.187 (33.724)	2:15.016 (32.829)	
2:47.521 (32.505)	3:20.048 (32.528)		3:51.993 (31.945)	4:23.208 (31.215)	
4 Soda, Gabe		Cornell College	4:27.40	4:28.64	2
33.974 (33.974)	1:08.071 (34.097)		1:41.429 (33.359)	2:14.662 (33.233)	
2:47.891 (33.229)	3:21.328 (33.438)		3:55.544 (34.217)	4:28.632 (33.088)	
5 Davidson, Aaron		Cornell College	4:32.24	4:29.98	2
33.901 (33.901)	1:07.989 (34.089)		1:41.203 (33.214)	2:14.357 (33.154)	
2:47.833 (33.477)	3:21.301 (33.468)		3:57.492 (36.192)	4:29.973 (32.482)	
6 Kuwaye, Christian		Ripon	4:34.49	4:31.13	2
35.504 (35.504)	1:09.398 (33.894)		1:42.652 (33.254)	2:16.321 (33.669)	
2:49.712 (33.392)	3:24.247 (34.535)		3:58.693 (34.447)	4:31.126 (32.433)	
7 Harvey, Ben		Grinnell	4:27.23	4:32.36	2
34.314 (34.314)	1:08.333 (34.019)		1:41.946 (33.613)	2:14.899 (32.954)	
2:47.591 (32.692)	3:21.043 (33.453)		3:55.858 (34.815)	4:32.351 (36.493)	
8 Villanueva, Rainier		Ripon	4:38.74	4:38.29	2
34.506 (34.506)	1:08.722 (34.217)		1:42.962 (34.240)	2:16.624 (33.663)	
2:51.249 (34.625)	3:27.153 (35.904)		4:03.529 (36.377)	4:38.288 (34.759)	
9 Brotman, Eli		Grinnell	4:38.41	4:42.26	2
35.488 (35.488)	1:10.003 (34.515)		1:45.252 (35.249)	2:19.811 (34.559)	
2:54.692 (34.882)	3:30.317 (35.625)		4:06.656 (36.339)	4:42.251 (35.595)	
10 Radtke, Garrett		Ripon	4:59.55	4:50.53	2
34.893 (34.893)	1:09.892 (34.999)		1:45.439 (35.548)	2:22.508 (37.069)	
3:00.318 (37.810)	3:38.243 (37.925)		4:16.124 (37.882)	4:50.522 (34.398)	
11 Lande, Matt		Knox	5:00.73	4:56.06	1
37.143 (37.143)	1:13.933 (36.790)		1:50.934 (37.002)	2:27.939 (37.005)	
3:05.154 (37.215)	3:43.314 (38.160)		4:21.783 (38.469)	4:56.060 (34.278)	
12 Macartney, Alec		Lake Forest	4:54.83	4:58.50	2
35.879 (35.879)	1:09.202 (33.323)		1:44.228 (35.027)	2:20.807 (36.579)	
2:59.894 (39.088)	3:39.196 (39.302)		4:18.963 (39.768)	4:58.496 (39.533)	

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****....Men 1 Mile Run**

13 Casper, Zach	Lawrence	5:01.66	5:00.26	1
37.984 (37.984)	1:14.785 (36.802)	1:51.759 (36.974)	2:27.677 (35.918)	
3:04.913 (37.237)	3:43.227 (38.314)	4:21.863 (38.637)	5:00.258 (38.395)	
14 Colter, Neo	Monmouth (Ill.)	5:10.89	5:00.89	1
38.063 (38.063)	1:15.490 (37.428)	1:52.598 (37.108)	2:30.295 (37.698)	
3:07.647 (37.352)	3:46.427 (38.780)	4:25.715 (39.289)	5:00.890 (35.175)	
15 Popoca, Thomas	Lawrence	5:02.72	5:01.14	1
37.274 (37.274)	1:14.373 (37.099)	1:51.928 (37.555)	2:29.354 (37.427)	
3:07.920 (38.567)	3:46.825 (38.905)	4:25.903 (39.078)	5:01.138 (35.235)	
16 Robison, Dakota	Knox	5:17.59	5:04.26	1
38.407 (38.407)	1:16.160 (37.754)	1:53.090 (36.930)	2:31.632 (38.542)	
3:09.698 (38.067)	3:49.713 (40.015)	4:27.892 (38.179)	5:04.259 (36.368)	
17 Kousiounelos, Dean	Lake Forest	5:10.72	5:04.32	1
37.400 (37.400)	1:14.968 (37.568)	1:52.174 (37.207)	2:29.724 (37.550)	
3:08.064 (38.340)	3:47.259 (39.195)	4:27.430 (40.172)	5:04.318 (36.888)	
18 Short, Ben	Grinnell	5:11.64	5:04.74	1
37.448 (37.448)	1:15.114 (37.667)	1:52.820 (37.707)	2:30.862 (38.042)	
3:09.922 (39.060)	3:50.029 (40.108)	4:29.015 (38.987)	5:04.735 (35.720)	
19 Cano, Julian	Lake Forest	5:10.37	5:05.36	1
37.697 (37.697)	1:14.822 (37.125)	1:51.668 (36.847)	2:29.084 (37.417)	
3:07.177 (38.093)	3:47.063 (39.887)	4:27.177 (40.114)	5:05.352 (38.175)	
20 Scherff, Elgin	Illinois College	4:48.37	5:05.93	2
35.576 (35.576)	1:10.259 (34.684)	1:46.769 (36.510)	2:25.171 (38.402)	
3:04.786 (39.615)	3:46.181 (41.395)	4:27.032 (40.852)	5:05.921 (38.889)	
21 Whitehead, Lionel	Lake Forest		5:09.31	1
37.839 (37.839)	1:15.213 (37.374)	1:52.890 (37.678)	2:31.355 (38.465)	
3:11.582 (40.227)	3:52.855 (41.274)	4:33.383 (40.528)	5:09.302 (35.919)	
22 Warhausen, Connor	Illinois College	5:36.50	5:57.98	1
41.554 (41.554)	1:24.994 (43.440)	2:08.717 (43.723)	2:54.880 (46.164)	
3:40.653 (45.773)	4:27.773 (47.120)	5:14.030 (46.258)	5:57.975 (43.945)	

Men 5000 Meter Run

Conference: # 14:48.98	2018	Josh Janusiak, Lawrence University		
Name	Year	School	Seed	Finals
1 Davidson, Aaron		Cornell College	15:14.63	15:27.61
2 Bruce, Adam		Lawrence	15:35.35	15:33.01
3 Goodell, Brian		Grinnell	16:10.89	15:42.03
4 Schopen, Caleb		Cornell College	16:22.34	15:43.52
5 Decleene, Jonah		Ripon	15:50.65	15:50.59
6 Bird, Emery		Cornell College	15:50.63	15:52.33
7 Martinez-Ortiz, Niko		Ripon	16:08.96	16:02.73
8 Daniels, Billy		Lawrence	15:58.47	16:14.34
9 Scherff, Elgin		Illinois College	17:26.85	16:16.43
10 Boggs, Devin		Illinois College	16:36.89	16:16.69
11 Potter, David		Ripon	15:53.69	16:17.80
12 Bojdak-Yates, Itai		Lawrence	16:06.31	16:35.74
13 Ramsey, Bradley		Grinnell	16:39.42	16:39.23
14 Forstner, Sam		Ripon	16:04.25	16:52.80
15 West, Owen		Lawrence	16:45.00	17:09.28
16 Snyder, Daniel		Grinnell	16:51.00	17:34.63
17 Plumley, William		Monmouth (Ill.)		17:48.25
18 Fulgencio, Eduardo		Illinois College	17:40.08	18:17.58

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****....Men 5000 Meter Run**

19 Hicks, Harrison Monmouth (Ill.) 20:08.93

Men 60 Meter Hurdles**Top 8 Advance by Time**

Conference: # 8.23 2020 Sam Stelloh, St. Norbert College					
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Engelken, Jacob		Cornell College	9.09	8.92q	2
2 Telschow, Oscar		Ripon	8.98	9.21q	1
3 Wosmek, Nate		Ripon		9.33q	2
4 Lee, Jackson		Illinois College	9.39	9.43q	1
5 Schneider, Greyson		Lawrence	9.17	9.65q	2
6 James, Xavier		Grinnell	9.65	9.73q	1
7 Watt-Martin, Jaden		Ripon	10.63	10.09q	2
8 Hollond, Sterling		Grinnell	10.71	10.48q	2
9 Centeno, Darnell		Knox		10.54	1
10 Solomon, Genesis		Beloit	11.23	11.55	1

Men 4x200 Meter Relay

Conference: # 1:28.64						2005		Monmouth College, Monmouth College				
School						Rundle, Gross, Franks, Boma				Seed	Finals	H#
=====												
Finals												
1 Monmouth (Ill.)				1:33.78		1:31.33				2		
1) Ditsworth, Luke				2) Shepherd, Patrick								
3) Brock, Alexander				4) Bernas, Riley								
45.462 (45.462)		1:08.434 (22.973)		1:31.324 (22.890)								
2 Knox						1:32.17				1		
1) Geggie, Trevor				2) Dicko, Hadam								
3) Pierce, Tyrell				4) Jackson, Derrick								
47.000 (47.000)		1:10.071 (23.072)		1:32.164 (22.093)								
3 Illinois College				1:34.19		1:32.60				2		
1) Steber, Caleb				2) Brown, Marshall								
3) Fedderke, Jacob				4) Ross, Will								
46.889 (46.889)		1:10.143 (23.254)		1:32.599 (22.457)								
4 Ripon				1:32.24		1:32.61				2		
1) Fisher, Ben				2) Klika, Steven								
3) Cefalu, Jacoby				4) Walker, Dameco								
46.843 (46.843)		1:10.538 (23.695)		1:32.604 (22.067)								
5 Grinnell				1:34.93		1:33.96				2		
1) Hiser, Alexander				2) Fuller, Andrew								
3) Walcher, Kyler				4) Jacobs, Tommy								
47.594 (47.594)		1:10.771 (23.177)		1:33.952 (23.182)								
6 Cornell College				1:38.00		1:34.35				1		
1) O'Hara, Sam				2) Engelken, Jacob								
3) Platre, Niko				4) Owusu Ansah, Felix								
47.220 (47.220)		1:11.185 (23.965)		1:34.344 (23.159)								
7 Lawrence				1:37.24		1:36.05				1		
1) Benjamin, David				2) Wicks, Cam								

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****....Men 4x200 Meter Relay**

3) Eggert, Will	47.776 (47.776)	1:12.099 (24.323)	4) Schneider, Greyson	1:36.042 (23.944)		
8 Lake Forest				1:45.26	1	
1) Douthat, Andrew			2) Johnson, Christian			
3) Arulanadu, Albin	52.515 (52.515)	1:18.900 (26.385)	4) Miller, Darion	1:45.260 (26.360)		
-- Beloit				1:33.57	DQ	2 Exchange Violation
1) Joseph, Ajani			2) Martin, Ahmasi			
3) Atou, Alexandre	46.359 (46.359)	1:09.736 (23.377)	4) Joly, Brandon	1:32.842 (23.107)		

Men 1600 Sprint Medley

Conference: # 3:32.78 2013 Carroll University, Carroll University
Miskov, Bloor, Witt, Pruitt

School	Seed	Finals	H#
1 Monmouth (Ill.)		3:36.94	2
1) Ditsworth, Luke			
3) Brock, Alexander	45.625 (45.625)	1:37.054 (51.429)	3:36.938 (1:59.884)
2 Grinnell		3:36.99	1
1) Hiser, Alexander			
3) Willis, Zach	46.517 (46.517)	1:38.425 (51.908)	3:36.990 (1:58.565)
3 Ripon		3:38.27	2
1) Walker, Dameco			
3) Lowrance, Wyatt	46.467 (46.467)	1:37.437 (50.970)	3:38.267 (2:00.830)
4 Cornell College		3:46.07	1
1) Greiner, Doniel			
3) Machande, Thomas	47.922 (47.922)	1:41.620 (53.698)	3:46.062 (2:04.443)
5 Illinois College		3:50.00	1
1) Slater, Tracy			
3) Fedderke, Jacob	47.873 (47.873)	1:42.610 (54.737)	3:49.997 (2:07.388)
6 Beloit		3:50.22	2
1) Mukucha, Desire			
3) Joly, Brandon	48.209 (48.209)	1:42.094 (53.885)	3:50.214 (2:08.120)
7 Lake Forest		3:55.35	2
1) Douthat, Andrew			
3) Norcross, Mathieu	51.239 (51.239)	1:46.512 (55.273)	3:55.348 (2:08.837)
8 Lawrence		3:55.65	1
1) Benjamin, David			
3) Scott, Tyler	48.233 (48.233)	1:43.225 (54.992)	3:55.650 (2:12.425)
9 Knox		4:20.02	2
1) Kishi, Brian			
3) Kosyla, Shea	51.090 (51.090)	1:54.275 (1:03.185)	4:20.012 (2:25.737)

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****Men Long Jump**

Conference: # 7.39m 2013 James Wilson, Monmouth College									
Name	Year	School	Seed	Finals	H#				
1 Walker, Dameco		Ripon	7.32m	7.30m	23-11.50	2			
FOUL	FOUL	6.50m	6.99m	FOUL	7.30m				
2 Ballman, Kendall		Knox	7.01m	7.08m	23-02.75	2			
FOUL	7.08m	6.94m	FOUL	7.03m	FOUL				
3 Ross, Will		Illinois College	7.08m	6.95m	22-09.75	2			
6.83m	PASS	FOUL	6.55m	6.95m	6.72m				
4 Fisher, Ben		Ripon	6.64m	6.84m	22-05.25	2			
6.40m	FOUL	6.84m	6.53m	6.56m	6.79m				
5 Gray, Cade		Ripon	6.86m	6.83m	22-05.00	2			
6.34m	6.58m	6.72m	6.55m	6.70m	6.83m				
6 Benjamin, David		Lawrence	6.36m	6.56m	21-06.25	2			
6.32m	6.56m	6.41m	6.23m	6.15m	6.26m				
7 Wilson, Reed		Monmouth (Ill.)	6.19m	6.13m	20-01.50	2			
6.11m	6.04m	6.05m	5.92m	6.13m	FOUL				
8 Charles, Diontia		Beloit	5.77m	6.03m	19-09.50	1			
6.03m	FOUL	FOUL	5.79m	5.81m	FOUL				
9 Solomon, Genesis		Beloit	5.80m	5.88m	19-03.50	1			
FOUL	5.88m	5.84m	FOUL	FOUL	5.80m				
10 Greene, Maurice		Monmouth (Ill.)	5.82m	5.87m	19-03.25	2			
FOUL	5.87m	FOUL							
11 Slater, Tracy		Illinois College	5.63m	5.79m	19-00.00	1			
3.50m	FOUL	5.79m							
12 Kishi, Brian		Knox	5.66m	5.75m	18-10.50	1			
FOUL	5.72m	5.75m							
13 Martin, Ahmasi		Beloit	5.91m	5.72m	18-09.25	2			
5.57m	5.29m	5.72m							
14 Cowan, Cade		Cornell College		5.69m	18-08.00	1			
5.69m	5.62m	5.66m							
15 Vazquez, A.J.		Knox	5.73m	5.43m	17-09.75	1			
5.43m	FOUL	5.42m							
16 Saunders, Josh		Illinois College	5.22m	5.15m	16-10.75	1			
5.15m	4.99m	4.92m							

Men Shot Put

Conference: # 16.80m 2001 Eric Holmes, Monmouth College									
Name	Year	School	Seed	Finals	H#				
1 Broomfield, Charles		Knox	14.62m	14.40m	47-03.00	2			
14.31m	FOUL	14.40m	FOUL	FOUL	FOUL				
2 Toberman, Caleb		Monmouth (Ill.)	13.12m	14.17m	46-06.00	2			
12.81m	13.96m	14.17m	13.34m	12.25m	FOUL				
3 Bird, Andy		Monmouth (Ill.)	14.04m	14.07m	46-02.00	2			
13.09m	14.02m	14.07m	FOUL	FOUL	FOUL				
4 Pace, Brad		Cornell College	13.09m	13.26m	43-06.00	2			
12.80m	13.03m	13.26m	FOUL	FOUL	FOUL				
5 Reyes, Emiliano		Beloit	12.86m	12.99m	42-07.50	2			
12.99m	12.59m	FOUL	FOUL	10.65m	FOUL				
6 Flack, Brock		Cornell College	12.85m	12.95m	42-06.00	2			
12.49m	12.48m	FOUL	12.76m	12.95m	FOUL				

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**Track & Field Championships****Knox College****Results - Day 1****....Men Shot Put**

7	Thomas, Ian	Lawrence	10.50m	12.69m	41-07.75	1
	12.44m 12.21m 12.58m FOUL 12.01m 12.69m					
8	Watters, Nathan	Cornell College	11.86m	12.67m	41-07.00	2
	12.17m 12.67m FOUL FOUL FOUL 12.31m					
9	Hanna, CJ	Illinois College	11.52m	12.44m	40-09.75	2
	11.65m 12.15m 12.44m 12.37m FOUL 11.44m					
10	Johnson, Jaylen	Lake Forest	10.77m	11.33m	37-02.25	1
	10.87m 10.68m 11.33m					
11	Burke, Zach	Lawrence	11.19m	11.25m	36-11.00	2
	11.25m 10.93m 10.61m					
12	Moushon, Xander	Illinois College	11.07m	11.15m	36-07.00	1
	11.15m FOUL FOUL					
13	Anderson, Shane	Monmouth (Ill.)	11.26m	11.14m	36-06.75	2
	10.53m 10.85m 11.14m					
14	Terlaje, Aryz	Ripon	11.09m	10.97m	36-00.00	2
	FOUL 9.88m 10.97m					
15	Ebelhar, Brandon	Illinois College	10.76m	10.96m	35-11.50	1
	10.43m 10.86m 10.96m					
16	Giles, Tearsen	Ripon	10.18m	10.70m	35-01.25	1
	9.75m 10.70m 10.46m					
17	Winistorfer, Adam	Lake Forest	11.18m	10.52m	34-06.25	2
	10.52m 10.39m 10.10m					
18	Hall, Steven	Beloit	10.69m	10.28m	33-08.75	1
	10.25m 10.23m 10.28m					
19	Blatchley, Jacob	Ripon	9.67m	10.26m	33-08.00	1
	10.14m 10.26m 9.53m					
20	Rollins, Brandon	Lake Forest	10.52m	10.07m	33-00.50	1
	10.07m 9.56m 9.47m					
21	Schnetzler, Jeff	Monmouth (Ill.)	10.47m	10.02m	32-10.50	1
	10.02m 9.34m 9.90m					
22	Tansmore, Jamari	Lake Forest		9.57m	31-04.75	1
	9.29m 9.57m 8.96m					
23	Aygun, James	Knox	9.49m	9.29m	30-05.75	1
	FOUL 9.29m 9.25m					
24	Slatter, Cooper	Beloit	10.08m	8.06m	26-05.50	1
	FOUL 8.06m FOUL					

Women - Team Rankings - 7 Events Scored

1) Monmouth (Ill.)	61.50	2) Ripon	61
3) Grinnell	45	4) Lawrence	38
5) Illinois College	34	6) Knox	10.50
7) Cornell College	10	8) Beloit	8
9) Lake Forest	5		

Men - Team Rankings - 6 Events Scored

1) Cornell College	54	2) Monmouth (Ill.)	44
3) Ripon	40	4) Grinnell	26
4) Knox	26	6) Lawrence	17
7) Illinois College	16	8) Beloit	8
9) Lake Forest	3		